

Headteacher's message

As we reach the end of another term we have lots of positive news and progress to report on; it has been a relatively short but a very busy few months since the start of 2024. The highlights from the Spring Term include two football cup wins for our very talented Improtech teams in Year 7 and Year 8; fantastic DT experiences building robots and cars, amongst other things; open mornings in our salon with our Hair and Beauty students treating family members to curly 'dos' and dressing up and fundraising for wonderful charities. Never a dull day at City Academy Norwich!

In addition, our Year 9 students have been making important decisions about their futures through the options process and Year 11 have started their final preparations for the GCSEs in earnest.

As I write, many of our diligent Year 11 pupils are attending Easter revision sessions. I have been incredibly impressed with their work ethic and resilience and I can't wait to celebrate the outcomes of their hard work with them on results day in August!

Many of you will have seen the national press about some of the challenges facing schools in terms of student behaviour and attendance in the post pandemic world, and this has given me cause to reflect on what more we can do as a school to support our students to leave us as responsible, respectful young adults. We have come a long way in the last 18 months, and I have seen the behaviour of many of our students modify as they develop the maturity and self awareness to meet challenges with a positive mindset, and treat others with kindness and tolerance.

We are most successful in giving our young people what they need to be successful adults when we work in partnership with our families and we share common values, and I am grateful to parents and carers for reinforcing the importance of attending school and behaving in a safe and kind way.

Through the Summer Term we will be focusing on the way our students communicate with each other and with adults, looking at the words and body language we use to express how we feel and the manner in which we move about the building to allow everyone in the building to feel safe. Teachers and support staff will be modelling this behaviour to the students, and I'd be very grateful if you could continue to do the same at home as we know that children learn most from observing the way adults around them behave. We all want the best for our young people and if we work together we can ensure they have the best possible life chances.

I'm hoping for some sunshine in the not too distant future and a positive Summer Term.



Jo Franklin





Girls Football Club

This half term 24 KS3 girls have played competitive matches across 4 different tournaments. As well as some great football there has been lots of fun, singing, making friends and exchanging snapchats.

As part of International Womens' Day on Friday 8th March, our Year 7 team travelled to The Nest, for a football activity day.

They attended talks given by some very inspirational women, played football, plus had tea with players from Norwich City WFC.

The girls continued to be coached by Freya Symonds and had some great sessions this term. Some have been lucky enough to see Norwich City Ladies in action at Carrow Road.

Thanks to the Community Sports Foundation and Norwich Sports Partnership for all the opportunities.



CUP FINAL WINNERS!!

Congratulations to our Year 7 CAN Improtech Soccer Academy squad on their 5-0 win in the Community Trophy Final!

Two goals from Alex O, and one each from Jezley V, Lewis W and Myles R more than secured their win!

Player of the Match was Rio W, with a colossal performance in defence whilst contributing to lots of our attacking play also.

Keep up the great work everyone.

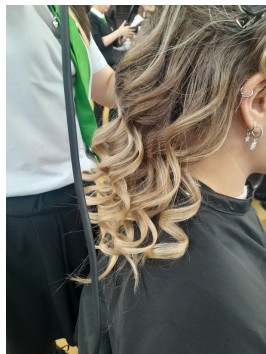
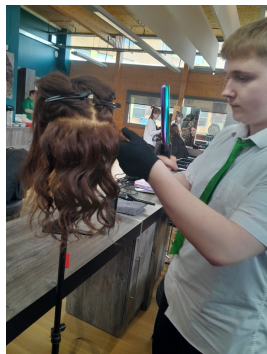
Mr D Tolliday
CAN Improtech Soccer Coach





We're thrilled to share our latest hair and beauty updates and news with you! Here's what's been happening at the CAN Hair and Beauty Salon

Students have been enjoying their practical lessons where they have been learning about hair care and styling hair, the different styling tools, product selection, health and safety in the salon and customer service.



The CAN salon was opened up to students' friends and family to offer client styling services and to provide the learners with a real hands-on working environment, the students loved taking part in this as it gave them the opportunity to put all they have learnt so far into practice on live clients alongside customer service and promoting professionalism.



Students have also been invited to carry out hair styling services for dance students at the NSSP Dance Show on 17th April at The Space. This will be a fantastic experience for our students - enabling them to work on real working clients, working to set time frames, and a design brief.

In theory sessions they have been working well on their assignments and covered the following:

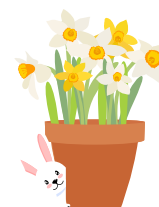
- The purpose of a business
- Business structures and their advantages and disadvantages
- The scope of opportunities for hair and beauty businesses
- Career pathways and progression opportunities available in the H&B sector
- The common hair and beauty services and treatments
- Business links and interdependencies within the hair and beauty sector
- The hair and beauty sector's contribution to the UK economy

Coming up

After the easter break, students will continue to develop their styling skills by learning how to use more styling techniques and design briefs to create more advanced looks. We will also be looking has some festival/party facial art using glitters and diamantes to enhance facial features.

Thank you for your continued support! we hope to see you in the CAN salon again very soon!

Shane Bradley-Baldwin
Hair & Beauty Teacher

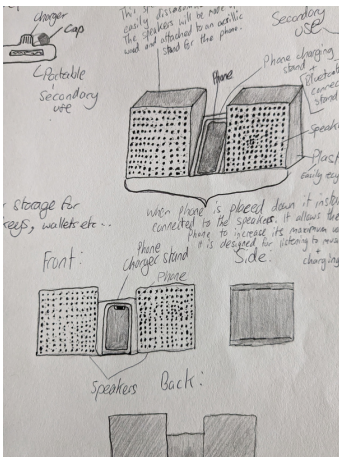
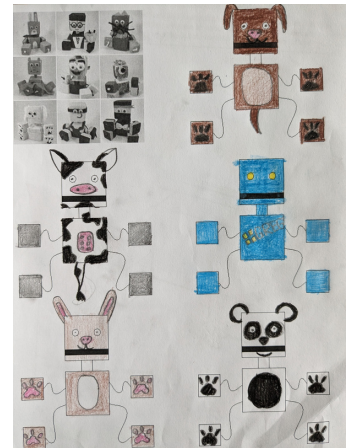


Wow! What an exciting Spring Term this has been! In Design & Technology this term KS3 have been hard at work marking out, cutting and drilling their BlockBots, KS4 have been completing their Communicating Designs Engineering drawings and Clubs have been busy at afterschool preparing for external competitions even ending in a second place result this term.



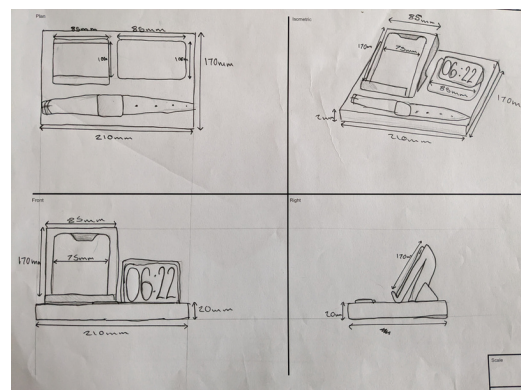
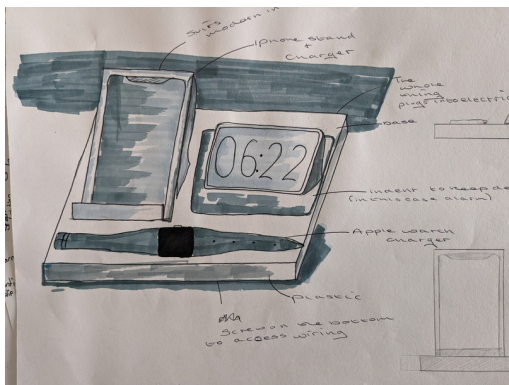
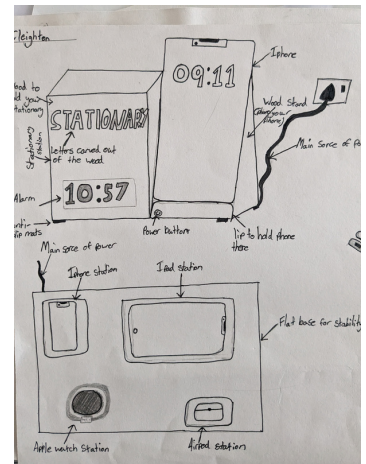
KS3 - BlockBot Designs & Practical Builds

KS3 Students have been practicing their communicating design skills through initial ideas and final designs then have been following an Orthographic Drawing to manufacture their own BlockBot design.



KS4 - Engineering Design - Communicating Designs

Year 10 Engineering students have been refining their communicating design skills through production of Orthographic, Isometric and Assembly drawings.



UEA ScrapBot Results

Two KS3 teams took their recycled ScrapBots to the UEA Scrapbot Olympics at the beginning of March. They all worked SO HARD designing and building their robots during lunchtime and after school clubs. They competed against 12 schools around Norwich in a 'Robot Wars' style contest with Team Dracoblade finishing 2nd and Team JC Bee finishing 5th - a fantastic result!



Team Dracoblade



Team J.C. Bee

Well done to Mina, Anthony, Ryan, Sammir (Draconblade) and Senuka, McKenzie, Archie and Serah (J.C. Bee),

Greenpower Kit Car Progress

Year 10 students have been measuring and assembling the Greenpower Kit Car 1 hour a week for 4 Months and with great success.

The frame and steering have been assembled - next up is the electronics and body panels. Ready for their Race Day at the Lotus Hethel Track in Early May





Eggcellent News!

For the last term, Year 11 have been working hard, improving their reading ages using an intervention called Reading Solutions in form time. Reading Solutions is an online intervention which allows pupils to improve their vocabulary, comprehension, evaluation and analysis.

The perfect way to use Reading Solutions is once a day for approximately 20 minutes... and our Year 11 students who have done this have managed to improve their reading ages by a significant amount.

Average reading age of Year 11 before Reading Solutions: 13 years 3 months

Average reading age of Year 11 after Reading Solutions: 15 years 9 months.

This has put our wonderful Year 11 students in the perfect position to be successful in their exams.

Students can continue using their Reading Solutions accounts from home between now and their exams - let's see how high they can get their reading ages in the final push.

Well done Year 11 - we're incredibly proud of you.

Year 10, you're next!

Miss C Pye

Leader of English

Associate Assistant Headteacher - Reading & Literacy



An exciting opportunity has come up for Year 7 students in English! We are lucky enough to be able to take them all to see a production of **Boy at the Back of the Class** in the Summer term.

This is an amazing opportunity for students to experience local theatre and to celebrate all of the Year 7s' hard work this year! Details to follow.




Also, we are in the midst of another Young Writer's Competition; Year 7, 8 and 9 pupils are currently writing their mini sagas on the theme of **Catastrophe** to be submitted at the end of April. Winning entries will be published, adding to our already extensive list of over 150 published students across Years 7, 8 and 9. Will your child be next?














Below are techniques our students can use to regulate themselves. These helpful techniques for everyone, not just young people. So give them a try!

CITY ACADEMY NORWICH



DE-ESCALATION STRATEGIES






 Read	 Write down your feelings
 Sensory break	 Talk to a trusted adult
 Drink water	 Listen to music
 Exercise	 Quiet Space
 Belly Breathe	 Puzzle or Brain teaser




ZONES OF REGULATION
Emotional Support @ CAN

SLOW DOWN & CALM DOWN


5 4 3 2 1
First - take 3 slow belly breathes

5	List 5 things you can SEE	
4	List 4 things you can FEEL	
3	List 3 things you can HEAR	
2	List 2 things you can SMELL	
1	List 1 thing you like to TASTE	



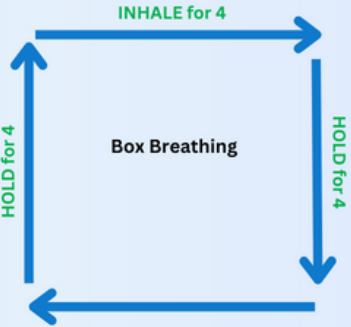
BREATHING

Finger Breathing



START STOP

INHALE PAUSE EXHALE




Box Breathing

INHALE for 4

HOLD for 4

EXHALE for 4

HOLD for 4



We'd love to hear from you if these techniques help you, or if you have strategies you use and would like to share with the CAN Community.



Our SEND Base is a calm, creative, learning space where our students can take time out when they feel overwhelmed and need to regulate themselves.

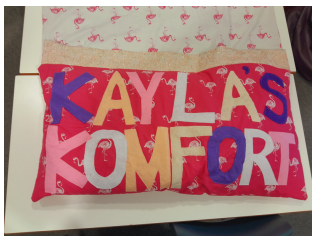


The sewing room, in the Base, is a great space to create. Sewing has proved to be an excellent technique to focus our young people, and they have created wonderful items both for the school - (Christmas Tree decorations), and cushions to take home.



Jack in Year 7 made this wonderful cushion of his dog 'Betty' - real Betty on the right enjoyed sniffing it when he took it home!

In January students worked collaboratively on a wonderful project for a happy and lively 5 year old girl, Kayla, who has a rare and aggressive childhood cancer. Kayla loves all things pink and her grandmother (who also loves to sew) had donated off cuts of material to CAN. Students set to work creating a patchwork blanket, little dolls, a 'Princess Kayla' cushion and a big 'pencil case' for Kayla to snuggle up in and rest.



Kayla came in with her mum and grandparents to be presented with her gifts, which were made with love by:

- Y7s Archie Y, Isabel F, and Henley J;
- Y8s Ellouise E, Leyla S, Oliver T and Ollie S;
- Y9 Keeley A and Y11 Ruby N.

WE ARE SO PROUD OF YOU!!



Attendance

I would like to take this opportunity to thank you for all your efforts in encouraging your child to come to school and improve their attendance. You may have noticed the government's recent publicity campaign "Moments Matter, Attendance Counts" as part of a national effort to further raise attendance following the pandemic. Being in school, on time, and in lessons, significantly influences your child's achievement.

Did you know:

- 36% of Persistently absent (attendance below 90%) children in KS4 got 9 to 4 in their English and Maths GCSEs, compared with 84% of regular attenders.
- More than half (54%) of pupils who were persistently absent in Year 10 and then rarely absent in Year 11, passed at least 5 GCSEs, compared to 36% of pupils who were persistently absent in both years
- Regular school attendance can help develop friendships which has a positive effect on your child's mental health and wellbeing.

As part of our continued drive to raise standards, we will be introducing a same day consequence for unauthorised student late arrivals to the Academy in the new term. These will take place on the same day, with students notified on their arrival by the late gate team in student services. Students late for Academy approved reasons, such as medical appointments, will be exempt from these consequences. The vast majority of students will not be affected by this change, but currently late students have been advised of the pending change for the last couple of weeks.

Thank you for your continued support. Should you wish to discuss an attendance or punctuality concern, please do not hesitate to contact us and we will do our best to assist.

James Lowden
Deputy Headteacher (Pastoral)
and Designated Safeguarding Lead



Summer Term Key Dates

Tues 16 April	All students return
Fri 26 April	Year 9 Option Choices deadline
Mon 06 May	Bank Holiday - school closed
Fri 10 May	GCSE Exams start
Mon 27-Fri 31 May	Half term break
Mon 03 June	All students return
Thur 13 June	Year 10 Raising Aspirations Parent Evening
Mon 17-Fri 21 June	Year 10 Mock exams - week 1
Fri 21 June	Year 11 Leavers Celebration
Mon 24-Fri 28 June	Year 10 Mock exams - week 2
Weds 26 June	Year 9 Option Choices confirmed
Fri 28 June	Year 11 Prom @ Park Farm Hotel, Hethersett
Mon 01-Weds 03 July	Year 10 Work Experience
Thurs 04 July	Sports Day 2024
Mon 08-Tue 09 July	Year 6 SEND Transition
Weds 10-Fri 12 July	Year 6 Transition
Fri 19 July	Last day of term - break up for summer holidays

