



We are **always** in the mood for good food!

We are Aspens Services, a market leading contract catering company specialising in school food.

We only work in the education sector so we know what our customers want. Mixing this knowledge with an understanding of what's hot in the food world sparks creativity and excitement in our chefs. Our kitchens provide delicious home cooked food each day and cater for individual dietary requirements.

Streeteries is our secondary meal offer where everyday has a theme. Featuring Global cuisines, customised offers and food on the move, we are bang up to date with the current trends whilst still ensuring that there is a place on the menu for the comfort of our familiar school dining hall favourites. Each day the menu includes as standard a street food dish, a hand held version, vegetarian/vegan choices along with a selection of sides.

Our Deli Kitchen brand is for the popular standard Aspens hot and cold offers. This can range from Authentic Italian pizza and pasta, Hacienda Mexicana's burritos, rice pots and sides and Voulez Poulet's house rub chicken, dogs and sides through to our range of healthy sandwiches, paninis, wraps, jacket potatoes, salads, fruit and cold dessert pots.



Menu

The school menu rotates on a three-week basis and refreshes for Autumn/Winter and Spring/Summer seasons.

STREATERIES
LUNCH MENU

WEEK 1
2/9, 23/9, 14/10, 4/11,
25/11, 16/12, 6/1, 27/1

MON

TUE

WED

THU

FRI

MAINS

<p>MEATBALL MARINARA PASTA BAKE <small>topped with Cheesy Garlic Crumbs</small></p> <p>ASPENS LOADED MAC & CHEESE ✓ <small>with Spring Onion, Pepper & Garlic</small></p>	<p>NASHVILLE BAKED CRISPY CHICKEN BURGER <small>with Ranch Slaw</small></p> <p>CAJUN SPICED BAKED VEGGIE BURGER ✓ <small>with Ranch Slaw</small></p>	<p>ROAST PORK, STUFFING & APPLE SAUCE <small>with Gravy</small></p> <p><small>Either as a classic roast dinner or loaded into a 1/2 baguette</small></p> <p>ROASTED ROOTS FILO STRUDEL ✓</p>	<p>GARLIC CHILLI CHICKEN CURRY</p> <p>SWEET & SOUR CHICKPEA VEGETABLE PATHIA CURRY ✓</p>	<p>Choose from: BATTERED FISH SAUSAGE or VEG SAUSAGE <small>(battered or plain)</small> ✓</p> <p>Margherita Pizza ✓</p> <p>Chicken Nuggets ✓</p> <p>Chips ✓</p>
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SIDES

CRUNCHY RAINBOW SALAD ✓	CRISPY BAKED HOME FRIES ✓	SKIN ON ROASTIES CARROTS & BROCCOLI ✓	CARDAMOM RICE & GREEN BEANS ✓	MINTY PEAS, BAKED BEANS, GRAVY OR CURRY SAUCE ✓
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- PASTA & NOODLE POTS -

CARBONARA PASTA	VEGGIE THAI STYLE NOODLE POT ✓	BOLOGNESE PASTA	CHINESE CHICKEN CHOW MEIN NOODLES	CARBONARA PASTA
ITALIAN TOMATO PASTA - DAILY ✓				

BEANS - CHEESE - **- JACKET POTATOES -** TUNA MAYO - SIMPLY PLAIN

BIG BOWL SALAD

CHICKEN CAESAR SALAD	FALAFEL & POMEGRANATE COUSCOUS SALAD ✓	QUINOA & FETA SUPERFOOD SALAD ✓	HARISSA ROASTED CAULIFLOWER, CHICKPEA & SPINACH SALAD ✓	TIKKA CHICKEN & MINT YOGURT SALAD
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DESSERTS

WARM LEMON DRIZZLE SPONGE <small>with Custard</small>	BLACK & WHITE SHORTBREAD COOKIE	STICKY TOFFEE PUDDING <small>with Toffee Sauce</small>	FLAPJACK	STRAWBERRY TRIFLE POT
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Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit & Yogurt Pots
Available Daily

HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

STREATERIES LUNCH MENU



WEEK 2
9/9, 30/9, 21/10, 11/11,
2/12, 23/12, 13/1, 3/2



MON

CURRYWURST
in a crusty baguette

CAULIFLOWER
SCHNITZEL

POTATO SALAD
BRAISED CABBAGE



TUE

PULLED CHICKEN
TIKKA PIE

CHANA MASALA
STUFFED PIE

CRISPY BOMBAY POTATOES,
CUMIN ROAST CARROTS &
PARSNIPS



WED

BRITISH PORK SAUSAGE
TOAD IN THE HOLE
with Onion Gravy

QUORN SAUSAGE
TOAD IN THE HOLE
with Onion Gravy

SKIN ON GARLIC ROASTIES
GREEN BEANS



THU

SMOKED CHILLI BEEF
OVER RICE
with Smashed Nachos, Spring Onion
& Sour Cream

VEGGIE BEAN CHILLI
LOADED NACHOS
with Spring Onion & Sour Cream

SMOKY
CORN



FRI

Choose from:
**BATTERED FISH
SAUSAGE or VEG SAUSAGE**
(battered or plain)
Margherita Pizza
Chicken Nuggets
Chips

MINTY PEAS, BAKED BEANS,
GRAVY OR CURRY SAUCE

MAINS

SIDES

- PASTA & NOODLE POTS -

CARBONARA PASTA

VEGGIE THAI STYLE
NOODLE POT

BOLOGNESE PASTA

CHINESE CHICKEN
CHOW MEIN NOODLES

CARBONARA PASTA

ITALIAN TOMATO PASTA - DAILY

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

BIG BOWL SALAD

CLASSIC NICOISE
WITH EGG

BRIGHT & LIGHT CHICKEN
PASTA SALAD

SUPERFOOD
GREEN SALAD

ASIAN CUCUMBER,
EDAMAME & NOODLE SALAD

JERK CHICKEN &
PINEAPPLE SALAD

DESSERTS

APPLE CRUMBLE
with Custard

SHORTBREAD

NEW YORK VANILLA
BAKED CHEESECAKE

BROOKIE

WARM WHITE
CHOCOLATE BLONDIE
with Custard

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit
& Yogurt Pots
Available Daily

HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

STREATERIES LUNCH MENU



WEEK 3
16/9, 7/10, 28/10, 18/11,
9/12, 30/12, 20/1, 10/2



MON

TUSCAN SAUSAGE LASAGNE

PROVENÇAL VEGETABLE
LASAGNE

GARLIC WEDGES
HOUSE CHOP SALAD



TUE

KUNG PAO
PULLED PORK

BANG BANG
CAULIFLOWER

5 SPICE RICE
& STIR FRIED GREENS



WED

CREAMY CHICKEN &
PUFF PASTRY PIE

SMOKY SWEET POTATO &
RED PEPPER PIE

CHIVE MASH
PEAS, GREEN BEANS
SAVOY CABBAGE



THU

SMOKY ALBONDIGAS
(Meatballs)

SPANISH VEGETABLE
TORTILLA

SPANISH RICE
TOMATO & GREEN BEAN
SALAD



FRI

Choose from:
**BATTERED FISH
SAUSAGE or VEG SAUSAGE**
(battered or plain)
Margherita Pizza
Chicken Nuggets
Chips

MINTY PEAS, BAKED BEANS,
GRAVY OR CURRY SAUCE

MAINS

SIDES

- PASTA & NOODLE POTS -

CARBONARA PASTA

VEGGIE THAI STYLE
NOODLE POT

BOLOGNESE PASTA

CHINESE CHICKEN
CHOW MEIN NOODLES

CARBONARA PASTA

ITALIAN TOMATO PASTA - DAILY

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

BIG BOWL SALAD

CLASSIC GREEK SALAD
WITH FETA & OLIVES

SQUASH, ROASTED
VEGETABLE
& CHICKPEA SALAD

SMOKY MEXICAN BEAN
CHOPPED SALAD

CRUNCHY RANCH
& EGG SALAD

COCONUT CHILLI
CHICKEN SALAD

DESSERTS

APPLE & SYRUP
SPONGE
with Custard

CHOCOLATE
SHORTBREAD

KEY LIME
CHEESECAKE

CHOCOLATE BANANA
CAKE
with Custard

BROWNIE
with Chocolate Sauce

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit
& Yogurt Pots
Available Daily

HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

Free school meals

**Check to see if you
qualify for **FREE**
school meals!**



You may be entitled to **FREE SCHOOL MEALS**

Please click the link to find out more or request the relevant form from the school office:

<https://www.gov.uk/apply-free-school-meals>

Special Diets

Special diets are an integral part of our catering provision, whether as a result of an ethical or religious belief or a food intolerance or allergy. To register any special diets as a requirement please complete and return the special diets form to the school as soon as possible.

Our Planet

We work closely with our clients and suppliers to be as environmentally friendly as we can. By making lots of small changes, we can make a big difference. We care about the future and continue to focus on responsible sourcing, using seasonal produce, increasing our focus on plant-based recipes, making our menus more sustainable, keeping waste to a minimum and reusing and recycling to reduce the impact we have.



Join Our Team

It takes some pretty special people to make sure that we give our school children and young adults great food everyday. We are keen to add to our teams with talented people and so if you are looking for an opportunity to challenge yourself and learn new skills, let us know.